

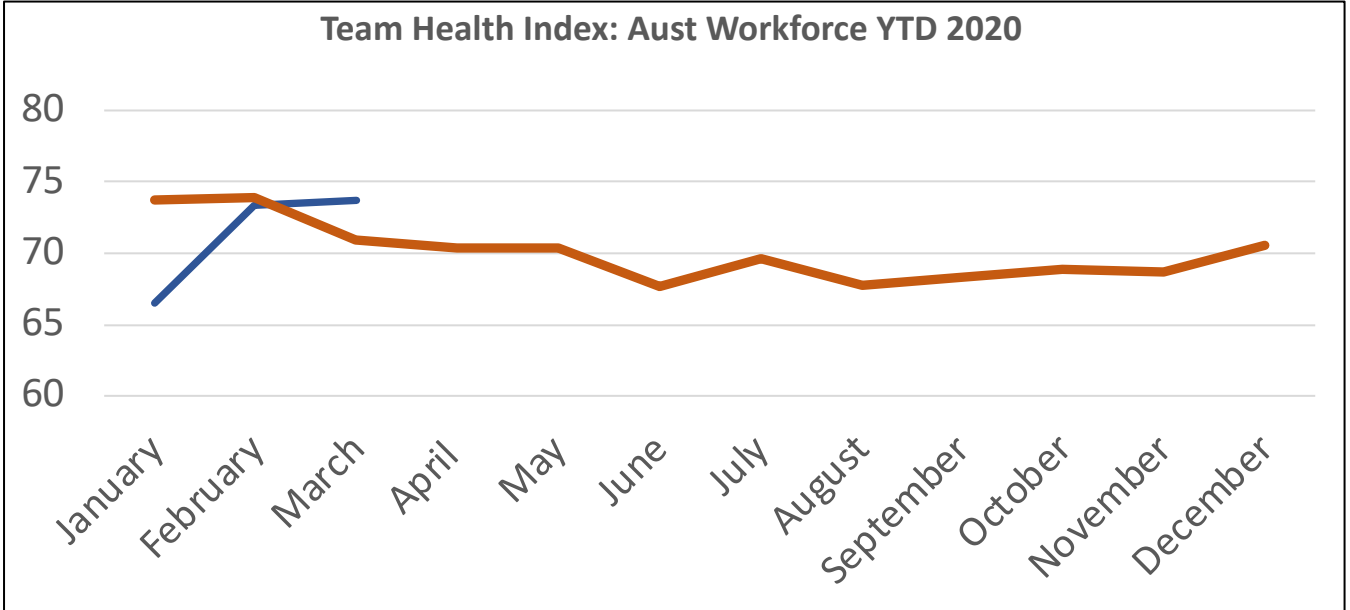


# Team Health Index

## Australian Workforce

Data Trends & Insights: **March 2020 Report**

### Part 1. The State of The Nation: Team Health Trends YTD



### Part 2. Insights for Team Leaders & Executives

#### COVID 19 & Team Health: Wellbeing & Collective Team Efficacy (CTE)

As April 2020 begins and most Australian Workforces are in uncharted territory with the COVID-19 crisis, Team pulse data in shows Team Health (AKA Collective Efficacy) levels have surprisingly remained steady – trending above Australian Norms.

#### Crisis Creates Clarity: Clarity Improves Efficacy

An often overlooked positive amidst crises is the increased clarity about what's important and urgent vs unimportant and non-urgent. Such clarity actually increases team health/ collective efficacy as you can see in the pulse data trends.

#### Crisis & Transformation: Building High Performance Teams

With many leadership, project and service delivery teams now working in a mix of remote and onsite locations there is a 'readiness' for expanding the use of *Team Pulse Systems, Update Tools & HPT Meeting Toolkits*.

These toolkits work seamlessly in remote or face-to-face settings. with staff typically more open to improved ways of working if they have immediate benefit in the current context (and then become business as usual once the crisis is over).

### Part 3. Quick Links For High Performance Teams

TEAM VIDEO Team Pulse Quickstart Video & Debrief Protocol:

<https://www.drpetestebbins.com/teampulse>

TEAM TOOLBOX Latest Article: The 4 Elements of Wellbeing

<https://www.drpetestebbins.com/blog-1>

LEADERSHIP VIDEO: 7 Signs of High Performance Leadership Teams

<https://www.youtube.com/watch?v=r1j4Ujw2E6M>